



# PHYSICAL EXAMS

## Pope Soldier Readiness Center

bldg. 307, 383 Maynard St, Pope Airfield, NC

Walk-in Scheduling Hours:

**0730-1100; 1230-4 p.m. Mon-Fri**

except Federal holidays

- Airborne
- Air Assault
- Ranger
- Sapper
- Sniper
- SHPE
  - ETS
  - Chapter
  - Retirement

- SFAS
  - SFQC
  - SERE
  - Civil Affairs (CA)
  - Psyops (PO)
  - Commissioning
  - Warrant Officer
  - Drill Sergeant
- (only required for 40 and over)

The following physical types require fasting labs: Nothing to eat or drink except water 12 hours prior to getting labs done.

- Ranger/Sapper if age 35 or older
- ETS/Chapter/Retirement/Drill SGT if age 40 or older
- SFAS/SFQC/SERE/Civil Affairs/Psyops