

**Womack Army Medical Center  
Warfighter Refractive Eye Surgery Program  
2817 Reilly Road, Fort Bragg, NC 28310  
Location: Reilly Road Entrance, 5th floor (5-South)  
Phone number: (910) 907-6033 or (910) 907-6001**

### **LASIK Pre-Surgery Instructions**

**Pick up your medications from the outpatient pharmacy within ONE business day before your surgery date or your surgery will be cancelled.**

#### **DAY OF SURGERY:**

- Report to Womack Army Medical Center, Ophthalmology Clinic, for your surgery appointment. Use the **Reilly Road Entrance** and park in the inpatient parking lot. Ophthalmology is located on the 5<sup>th</sup> floor (5-South).
- You will arrive along with a group of surgery patients. Plan to be in the clinic for 1-4 hours.
- Your driver will need to meet you in the Ophthalmology Clinic (5-South) following your procedure. We will not be able to release you until your driver arrives.

#### **Things you will need to bring with you on the day of surgery:**

- A driver
- ID card
- Bring all prescribed medications (do **NOT** take any medications until directed)
- Bottle of water (otherwise cups are provided for tap water).

#### **Other important information:**

- Do **NOT** wear earrings.
- Do **NOT** wear make-up or false eyelashes.
- Do **NOT** wear lotion
- Do **NOT** wear aftershave, cologne or perfume as this interacts with the laser optics.
- Please eat prior to arriving for surgery.
- If you become sick, call (910) 907-6033 or (910) 907-6001 to reschedule the appointment.

**What to expect during the procedure?**

1. The surgeon will ask you to state your full name, social security number, date of birth, type of procedure, and which eye(s) to be treated.
2. You will receive several anesthetic eye drops (Proparacaine) to numb the eye.
3. The non-operative eye will be lightly patched. This will better enable you to concentrate on the light when instructed.
4. At this point, a speculum will be placed on the operative eye to help keep the eyelid open.
5. A suction ring will be placed on the eye. Once it is centered, the surgeon will call for suction to be applied. The suction keeps the eye from moving while the laser creates a flap on the surface of the cornea. *When the suction is on, it will be difficult for you to see; things may turn gray or dark. This is a temporary effect from the suction. Once suction is off the LASIK flap has been created and your vision will remain blurry.*
6. You will be asked to focus on the light and the procedure will begin.
7. The length of the laser treatment will depend upon your prescription (approximately 30 seconds or less).
8. Your vision may be blurry immediately after the procedure, but typically clears within hours.
9. You must remain in the waiting area until your driver arrives.

**If you have questions or concerns prior to your procedure, please call (910) 907-6033 or (910) 907-6001.**

**Womack Army Medical Center  
Warfighter Refractive Eye Surgery Program  
LASIK Medication Instruction Sheet**

**\*\*Wait 5 minutes between each eye drop\*\***



**Moxifloxacin (Vigamox):**

Instill 1 drop in each operated eye(s), 4 times a day for 5 days.  
*Begin the day of surgery.*



**Prednisolone (Pred Forte) 1%: (Shake well before each use)**

Instill 1 drop in each operated eye(s) every 2 hours while awake for 48 hours. Then, instill 1 drop in each operated eye(s), 4 times a day for 2 WEEKS.  
*Begin the day of surgery.*



**Systane lubricating eye drops:**

Instill 1 drop in each operated eye(s), 4 to 6 times a day for 3 to 4 months.  
*Begin the day of surgery.*

**\* Note: There are refills available for Systane (info on the box).**

**Diazepam (Valium) 5mg:** Take 1 tablet for anxiety or sleep about 1 hour before bedtime.

**Oxycodone (Percocet) 5mg/325mg:** Take 1 tablet every 4 -6 hours as needed for pain.  
Take with food or milk (yogurt), to help prevent stomach upset.

**WAMC Pharmacy Hours  
Monday - Friday: 0800-1800  
Saturday: Closed  
Sunday: Closed**