

Date	Place/Time	Presenter/Presentation
June 15	General Surgery 1300-1400	Bariatric Dietician
July 20	General Surgery 1300-1400	"Ask my Surgeon"/WAMC Physical Therapist
July 22	Weaver 1500-1600	"Ask My Surgeon"/Why support groups are Important
August 12	General Surgery 1500-1600	Patient Spotlight
August 26	Weaver 1500-1600	Letter to Myself
Sept 9	General Surgery 1500-1600	Physical Therapy
Sept 21	General 1300-1400	Dietician
Sept 23	Weaver 1500-1600	Bariatric in the News
Oct 19	General Surgery 1300-1400	Dietician
Oct 21	Weaver 1500-1600	One Good Thing One Bad Thing
Nov 16	General Surgery 1300-1400	Non Scale Victories/Measuring success without the scale
Nov 18	Weaver 1500-1600	Triggers and Post op life stressors
Dec 14	General Surgery 1300-1400	Why support groups are important?
Dec 9	Weaver 1500-1600	Christmas Party

\*Please program your cell phone to Silent/Vibrate; if you need to take a call please step out in the hallway.

\*Constructive Environment: Support Group is a safe place for us to meet and talk with others to help nurture a new lifestyle. In order to maintain a supportive environment, everyone will be respectful of others. We will refrain from raising our voices, using harsh tones, or being judgmental. Please remember contract. Misconduct to staff such as disrespect, failure to tell the truth, and failure to follow instructions. You will be asked to leave or not to return to Support Group.

\*Womack Bariatric Clinic has no affiliation with any Facebook groups; thus, we will not discuss or answer any questions regarding Facebook in this group.