Please complete the following as completely and truthfully as possible.
Please ask any of our staff for assistance if you have any questions or concerns.

| Are you having any pain today? | Y |  | N |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| If so, how would you rate your pain? |  |  |  |  |  |  |
| (none) | 0 | 1 | 2 | 3 | 4 | 5 | 6


| Do you use tobacco products? | Y | N |
| :--- | :---: | :--- |
| Do you drink alcoholic beverages? | Y | N |
| Do you have any allergies? | Y | N |
| If so, what are you allergic to?   <br> How do you learn best? (circle any/all that apply)   <br> Reading $\quad$ Listening Observing Doing |  |  |

Your health care goals for your appointment:

Please tell us if you are having any of the following (circle any/all that apply): or None

| Fever | Eyesight Problems |
| :--- | :--- |
| Chills | Neck Pain or Stiffness |
| Recent Weight Loss | Swollen Glands |
| Headache | Wheezing |
| Earache | Chest Congestion |
| Nasal Discharge | Fast or Irregular Heart Beat (palpitation) |
| Nasal Blockage | Limb Swelling |
| Throat Pain | Change in Appetite |
| Chest Pain | Heartburn |
| Cough | Pain or Difficulty Swallowing |
| Difficulty Breathing | Cold/Heat Intolerance |
| Nausea | Excessive Thirst |
| Vomiting | Excessive Bleeding (menstrual) |
| Abdominal Pain | Easy Bruising |
| Rectal Bleeding/Blood in Stool | Urinary Loss of Control |
| Diarrhea | Blood in the Urine |
| Constipation | Muscle Aches |
| Urinary Urgency | Limb Pain |
| Urinary Frequency (times/night =__ | Joint Pain |
| Painful Urination | Joint Swelling |
| Back Pain | Fainting |
| Lightheadedness | Dizziness or Vertigo |
|  | Mood Problem (Anxiety or Depression) |
|  | Sleep Issues (Insomnia or Excessive) |
|  | Skin Rash |

