



DEPARTMENT OF THE ARMY
WOMACK ARMY MEDICAL CENTER
2817 Reilly Road
FORT BRAGG, NORTH CAROLINA 28310

MCXC-OB

1 September 2020

MEMORANDUM FOR All Providers

SUBJECT: Requirements prior to initial appointment with the REI/ART program at WAMC

1. **PURPOSE:** To improve the referral process to the infertility clinic and expedite the initiation of the basic work up on patients prior to their initial appointment to specialty Reproductive Endocrinology and infertility care.

- **Patients appropriate for referral**

- 1 year of unprotected intercourse without pregnancy age 34 or less
- 6 months of unprotected intercourse without pregnancy age 35 or more
- Known abnormalities of the semen analysis or known male factor infertility or subfertility
- Known tubal factor infertility demonstrated by hysterosalpingogram or laparoscopy
- Recurrent pregnancy loss (RPL) of 2 or more pregnancy losses and not currently pregnant
 - Pregnant patients with a history of RPL need to be referred to obstetrics
- Prior tubal ligation desiring reversal and not older than 40 years old
- Patient couple seeking direct access to in vitro treatments and age 44 or less
- Patient seeking IVF with use of donor oocytes age 50 or less
- Management and treatment of patients with known previously diagnosed polycystic ovarian syndrome (PCOS) who are actively trying to conceive
- Amenorrhea or oligovulation
- Fibroid uterus desiring fertility preservation
- Mullerian anomalies or anomalies of the female reproductive tract
- Elective oocyte cryopreservation
- Female same sex relationship desiring fertility treatments
- All patients requiring sperm donor to conceive
 - All sperm must be received directly from a CDC regulated center (ie Fairfax Cryobank)
 - Known sperm donors must be received and processed by a CDC regulated center

- **Basic infertility evaluation to be completed prior to referral**

- **Female evaluation:**
 - Labs: Antimullerian hormone (AMH), TSH, (cycle day 3 labs not required)
 - Hysterosalpingogram (call radiology cycle day 1) or proof of fallopian tube patency by laparoscopy.

- Pregnancy test must be completed 24 hours prior to study
 - Pelvic ultrasound completed by radiology
 - Pap smear within OB/GYN clinic guidelines
 - Offer Genetic testing: Cystic Fibroids and Spinal Muscular Atrophy (ACOG Guideline)
- **Male evaluation:**
 - Semen analysis required of all patient couples regardless of prior paternity
 - Known semen analysis abnormalities
 - Prolactin, TSH, Testosterone, Estradiol
 - For azoospermia or severe oligo/astheno-spermia: chromosome analysis, Y-chromosome microdeletions
 - Referral to urology
- **Couples with recurrent pregnancy loss**
 - Anti-cardiolipin, HgA1c, TSH, prolactin, Beta 2-glycoprotein, IgG/A/M, Lupus anticoagulant and chromosome analysis (both male and female)
 - Hysterosalpingogram or Saline Infusion Sonohysterogram
- **Bilateral tubo-tubal anastomosis-BTA (Tubal Reversal) referral**
 - Must be 40 years or less at the time of the consultation
 - BMI of 35 or less
 - Must be within the Womack Army Medical Center catchment area
 - Complete the above listed infertility evaluation for both the male and female partner
 - Hysterosalpingram to evaluate remaining tubal length
 - Operative report or operative description of the type of tubal ligation completed (ie Filsche Clips, Fallope Rings, Polmeroy, Parkland, bipolar cauterization)
- **Patients desiring elective cryopreservation of oocytes**
 - **Labs:** Antimullerian hormone
- **Services not provided and patient Exclusion**
 - Fertility treatments for patients age 45 and older, except those using donor oocytes
 - Fertility treatments for patients with a BMI >35
 - Nutrition consultation and weight reduction plan or program participation must be in place for patients with a BMI>30
 - Patient couples requiring a gestation carrier or surrogacy
 - Patients not desiring treatment or care at Womack Army Medical Center
 - Patients may choose to self refer to a civilian infertility specialist; however they assume all financial responsibility related to fertility care not covered by Tricare
 - Sattelite monitoring of fertility treatments provided by other fertility centers
- **Preconsultation issues to initiate prior to infertility consultation**

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- Nutrition Consultation for BMI>30 for weight loss prior to referral. Patients with a BMI > 35 will not be accepted into program.
 - Prenatal Vitamins/Folic Acid supplementation
 - Tobacco cessation and enrollment in tobacco cessation course (this must be done prior to initiating fertility treatments)
 - Initiate appropriate consultation to address active medical, psychological or social issues that are contraindicated with pregnancy (ie known active use of a teratogenic drug)
- GYN/Infertility Clinic in CHCS. Referring providers outside of the military charting system may fax referrals to 910-907-6570

2. The point of contact for the memorandum is one of our Nurse Coordinators at 910-907-0753 for any questions or concerns.