

Menu Calendar Report

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Sorted by Date, Then by Meal, Then by Menu Sequence

These menus options available on a regular diet. Please call diet office at (910) 908-3463 for assistance with meal selection. Call before 5:30 am to order breakfast, before 9:30 am for lunch and before 2:30 pm for dinner.

Cafeteria

	11/23/25 Sunday	11/24/25 Monday	11/25/25 Tuesday	11/26/25 Wednesday	11/27/25 Thursday	11/28/25 Friday	11/29/25 Saturday
BRK	*****PTS***** Scrambled Eggs Bacon Biscuit Hard Boiled Egg Pork Sausage Patty Hashbrowns Wheat Toast White Toast	*****PTS***** Bacon Scrambled Eggs Pancakes	*****PTS***** Scrambled Eggs Pork Sausage Link Waffles	*****PTS***** Scrambled Eggs Pancakes Bacon	*****PTS***** Scrambled Eggs Waffles Pork Sausage Patty	*****PTS***** Scrambled Eggs Pancakes Bacon	*****PTS***** Scrambled Eggs Bacon French Toast Sticks Hard Boiled Egg Pork Sausage Patty Hashbrowns Wheat Toast White Toast
LUN	*****PTS***** Citrus Herb Chicken Roasted Baby Carrots Potato Wedges Hawaiian Roll Turkey Breast Sauteed Spinach Macaroni & Cheese	*****PTS***** Seasoned Chicken Roasted Broccoli Herbed Brown Rice Cheese Ravioli Tuscany Vegetables Garlic Breadstick	*****PTS***** Stuffed Pepper Mexican Corn Mexican Chicken Garlic Green Beans Paprika Potatoes	*****PTS***** Grilled Hamburger Asparagus Sweet Potato Wedges Seasoned Chicken Roasted Baby Carrots Rice Pilaf w/Orzo Hawaiian Roll	*****PTS***** Roast Turkey Cornbread Dressing Lyonnaise Grn Beans Hawaiian Roll Poultry Gravy Ham, Glazed Garlic Mash Potatoes Collard Greens	*****PTS***** Shepherd's Pie Baby Carrots w/Thyme Yeast Roll Seasoned Chicken Corn on the Cob Garlic Mash Potatoes Steamed Rice Brown Gravy	*****PTS***** Rosemary Pork Loin Peas & Carrots Parsley Potatoes Pork Gravy Hawaiian Roll Chicken Alfredo Tuscany Vegetables Fettuccini Noodles
DIN	*****PTS***** Roast Turkey Green Beans Mashed Potatoes Poultry Gravy Savory Bkd Chicken Rosemary Peas&Carrot Rice Pilaf	*****PTS***** Chicken Taco Normandy Vegetables Steamed Rice Seasoned Pork Loin Asparagus w/Onions	*****PTS***** Spaghetti&Meat Sauce Roasted Broccoli Garlic Bread Chicken Piccata Mixed Veg. Blend Garlic Mash Potatoes	*****PTS***** Chicken Giardino Tri-Color Cauliflowr Hawaiian Roll Lemon Baked Cod Herbed Green Beans Steamed Rice Potato Wedges	*****PTS***** Oven Fried Chicken Mixed Veg. Blend Rstd Potato Wedges Cucumber Dill Salmon New Brunswick Veg Wild Rice	*****PTS***** Beef & Broccoli Ginger Glazed Carrot Brown Rice Chinese 5 Spice Chkn Mandarin Vegetables Teriyaki Swt. Potato	*****PTS***** Beef Yakisoba Squash Mix Asian BBQ Chicken Green Veg. Medley Brown Rice

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11/30/25 Sunday		12/01/25 Monday	12/02/25 Tuesday	12/03/25 Wednesday	12/04/25 Thursday	12/05/25 Friday	12/06/25 Saturday
BRK	*****PTS***** Scrambled Eggs Bacon Biscuit Hard Boiled Egg Pork Sausage Patty Hashbrowns Wheat Toast White Toast	*****PTS***** Bacon Scrambled Eggs Pancakes	*****PTS***** Scrambled Eggs Pork Sausage Link Waffles	*****PTS***** Scrambled Eggs Pancakes Bacon	*****PTS***** Scrambled Eggs Waffles Pork Sausage Patty	*****PTS***** Scrambled Eggs Pancakes Bacon	*****PTS***** Scrambled Eggs Bacon French Toast Sticks Hard Boiled Egg Pork Sausage Patty Hashbrowns Wheat Toast White Toast
LUN	*****PTS***** Braised Beef Cubes Steamed Broccoli Egg Noodles Hawaiian Roll Potato Crusted Cod Mixed Veg. Blend Steamed Rice	*****PTS***** Chicken Giardino Malibu Vegetables Garlic Breadstick Seasoned Chicken Asparagus Garlic Mash Potatoes	*****PTS***** Beef Fajita Hacienda Corn Cilantro Lime Rice Spicy Lime Chicken Steamed Broccoli Steamed Rice	*****PTS***** Seasoned Chicken Normandy Vegetables Macaroni & Cheese Garlic Lemon Cod Corn on the Cob Steamed Rice Poultry Gravy	*****PTS***** Teriyaki Chicken Green Beans Sweet Potato Wedges Gingr Buttr Flounder Mandarin Vegetables Steamed Rice	*****PTS***** Turkey Burger Roasted Baby Carrots Parsley Potatoes Seasoned Chicken Asparagus w/Onions Greek Rice Wheat Pita Bread Brown Gravy	*****PTS***** Beef Pot Roast Peas with Onions Mashed Potatoes Brown Gravy Parkerhouse Roll Chicken Pot Pie Seasoned Collards
DIN	*****PTS***** Spinach Lasagna Roasted Baby Carrots Chicken Primavera Brussel Sprouts Bow Tie Pasta	*****PTS***** Citrus Herb Chicken Zucchini & Squash Mashed Potatoes Poultry Gravy Potato Crusted Cod New Brunswick Veg Steamed Rice	*****PTS***** Beef Pepper Steak Roasted Cauliflower Egg Noodles Brown Gravy Asian BBQ Chicken Mandarin Vegetables Steamed Rice	*****PTS***** Roast Turkey Lyonnaise Grn Beans Mashed Potatoes Brown Gravy Brown Gravy Hawaiian Roll Baked Lemon Tilapia Normandy Vegetables Brown Rice	*****PTS***** Mongolian Beef Mandarin Vegetables Brown Rice Teriyaki Salmon Sesame Green Beans Steamed Rice Brown Gravy	*****PTS***** Rosemary Chicken Roastd Summer Squash Brown Rice Poultry Gravy Hawaiian Roll Lemon Baked Cod Herbed Green Beans Potato Wedges	*****PTS***** Braised Beef Cubes Glazed Baby Carrots Steamed Rice Coconut Tilapia Bermuda Vegetables Sweet Potato Wedges

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12/07/25 Sunday		12/08/25 Monday	12/09/25 Tuesday	12/10/25 Wednesday	12/11/25 Thursday	12/12/25 Friday	12/13/25 Saturday
BRK	*****PTS***** Scrambled Eggs Bacon Biscuit Hard Boiled Egg Pork Sausage Patty Hashbrowns Wheat Toast White Toast	*****PTS***** Bacon Scrambled Eggs Pancakes	*****PTS***** Scrambled Eggs Pork Sausage Link Waffles	*****PTS***** Scrambled Eggs Pancakes Bacon	*****PTS***** Scrambled Eggs Waffles Pork Sausage Patty	*****PTS***** Scrambled Eggs Pancakes Bacon	*****PTS***** Scrambled Eggs Bacon French Toast Sticks Hard Boiled Egg Pork Sausage Patty Hashbrowns Wheat Toast White Toast
LUN	*****PTS***** Chicken Cacciatore Steamed Broccoli Bow Tie Pasta Garlic Lemon Cod Squash Mix Steamed Rice Hawaiian Roll	*****PTS***** Seasoned Chicken Asparagus Rice Pilaf w/Orzo Italian Steak Rst. Italian Veg. Bow Tie Pasta Garlic Breadstick	*****PTS***** Seasoned Pork Loin Baby Carrots w/Thyme Paprika Potatoes Chipotle Tilapia Mex. Rstd Vegetables Cilantro Lime Rice	*****PTS***** Stuffed Pork Loin Roasted Baby Carrots Rice Pilaf Parkerhouse Roll Pound Cake w/Berries Roast Turkey Roasted Asparagus Candied Yams Angel Food w/Berries	*****PTS***** 5 Spice Pork Loin Savory Root Veg. Steamed Rice Roasted Green Beans Lemon Pepper Tilapia Stir Fry Noodles	*****PTS***** Grilled Chz Sandwich Veg. Beef Soup Seasoned Chicken Roasted Baby Carrots Potato Wedges Yeast Roll	*****PTS***** Spaghetti w/Meatball Italian Veg. Blend Garlic Bread Chicken Parmesan Sauteed Broccoli Linguine
DIN	*****PTS***** Beef Lasagna Italian Veg. Blend Hawaiian Roll Chicken Parmesan Roastd Summer Squash Linguine	*****PTS***** Baked Penne Pasta Sauteed Spinach Garlic Bread Rosemary Chicken Rosemary Peas&Carrot Garlic Mash Potatoes Steamed Rice Poultry Gravy	*****PTS***** Szechuan Chicken Peas & Carrots Steamed Rice 5 Spice Pork Loin Garlic Green Beans Paprika Potatoes Poultry Gravy	*****PTS***** Beef Meatloaf Glazed Baby Carrots Garlic Mash Potatoes BBQ Chicken Seasoned Collards Steamed Rice	*****PTS***** Chicken Cutlet Seasoned Green Beans Parsley Potatoes Poultry Gravy Lemon Baked Cod Sauteed Cabbage Steamed Rice	*****PTS***** Chicken Stir Fry Normandy Vegetables Brown Rice Grilled Salmon Roasted Broccoli Mashed Potatoes	*****PTS***** Seasoned Chicken Peas & Carrots Brown Rice Hawaiian Roll Swedish Meatballs Asparagus w/Onions Egg Noodles

To order a late tray call before 9:00 am for breakfast, 2:00 pm for lunch and 6:00 pm for dinner.