

Menu Calendar Report

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Sorted by Date, Then by Meal, Then by Menu Sequence

These menus options available on a regular diet. Please call diet office at (910) 908-3463 for assistance with meal selection. Call before 5:30 am to order breakfast, before 9:30 am for lunch and before 2:30 pm for dinner.

Cafeteria

| | 01/04/26 Sunday | 01/05/26 Monday | 01/06/26 Tuesday | 01/07/26 Wednesday | 01/08/26 Thursday | 01/09/26 Friday | 01/10/26 Saturday |
|-----|---|---|--|---|--|--|---|
| BRK | *****PTS***** RS Eggs, Scrambled RS Bacon RS Biscuit, Buttermilk RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White | *****PTS***** RS Bacon RS Eggs, Scrambled RS Pancake, WHOLE WHEAT | *****PTS***** RS Eggs, Scrambled RS Pork Sausage Link RS Waffles, Homestyle | *****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon | *****PTS***** RS Eggs, Scrambled RS Waffles, Homestyle RS Pork Sausage Patty | *****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon | *****PTS***** RS Eggs, Scrambled RS Bacon RS French Toast Sticks RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White |
| LUN | RS Chicken, Citrus Herb RS Carrots, Roasted Baby RS Potatoes, Parsley Oven Roasted Wedges RS Roll, Hawaiian RS Turkey Breast Cutlet (pre-cooked) RS Veg, Spinach, Sauteed RS Macaroni & Cheese, Frozen (Molly's) | *****PTS***** RS Chicken, Seasoned RS Broccoli, Garlic Roasted RS Rice, Herbed Brown RS Pasta, Cheese Ravioli w/ Marinara Sauce RS Veg, Roasted Mediterranean Vegetables RS Breadstick, Garlic Cheese | *****PTS***** RS Turkey Stuffed Peppers RS Corn, Mexican RS Chicken, Mexican Spiced RS Green Beans, Sauteed w/ Garlic RS Potatoes, Paprika Buttered | *****PTS***** RS Hamburger, Grilled RS Vegetable Blend, Malibu RS Potatoes, Sweet Potato Wedges RS Chicken, Seasoned RS Carrots, Roasted Baby RS Rice, Pilaf w/ Orzo & Vegetables RS Roll, Hawaiian | *****PTS***** RS Beef Yakisoba RS Carrots, Ginger Glazed RS Chicken, Mongolian Stir Fry RS Veg, Squash Yellow/Zucchini RS Rice, Jasmine | *****PTS***** RS Beef, Shepherd's Pie RS Carrots Baby, w/Thyme RS Roll, Yeast RS Chicken, Seasoned RS Corn on the Cob RS Potatoes, Mashed Red Garlic RS Rice, Steamed RS Gravy, Poultry LS | *****PTS***** RS Pork Loin, Rosemary Garlic RS Peas & Carrots RS Potatoes, Parsley Buttered RS Gravy Pork RS Roll, Hawaiian RS Chicken Alfredo RS Vegetable Blend, Tuscany Blend RS Noodles, Fettuccini |
| DIN | *****PTS***** RS Turkey, Roast RS Veg, Green Beans, Fresh RS Potatoes, Mashed RS Gravy, Poultry LS RS Chicken, Savory Breast RS Peas & Carrots w/ Rosemary RS Rice, Pilaf | *****PTS***** RS Chicken, Taco RS Veg Blend, Normandy RS Rice, Steamed RS Corn on the Cob | *****PTS***** RS Spaghetti W/ Meat Sauce RS Broccoli, Garlic Roasted RS Bread, Toasted Garlic RS Chicken Piccata RS Veg Blend, Mixed Vegetables 5 Way RS Potatoes, Mashed Red Garlic | *****PTS***** RS Chicken Giardino RS Veg, Cauliflower, Tri-Colored RS Roll, Hawaiian RS Tilapia, Lemon Baked Individual RS Green Beans, Herbed RS Rice, Steamed RS Potatoes, Red Wedge, Oven Roasted | *****PTS***** RS Chicken, Oven Fried Breast RS Veg Blend, Mixed Vegetables 5 Way RS Potatoes, Rosemary Roasted Wedges RS Fish, Tilapia w/ Lemon Pepper RS Vegetable Blend, New Brunswick RS Rice, Wild | *****PTS***** RS Chicken, Chinese 5 Spice Breast RS Carrots, Ginger Glazed RS Rice, Brown RS Beef, Beef & Broccoli RS Vegetable Blend, Mandarin Stir Fry RS Potatoes, Sweet, Teriyaki Glazed | *****PTS***** RS Beef Yakisoba RS Veg, Squash Yellow/Zucchini RS Chicken, Breast Asian Barbecue RS Cabbage, Sauteed RS Rice, Brown |

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| | 01/11/26 Sunday | 01/12/26 Monday | 01/13/26 Tuesday | 01/14/26 Wednesday | 01/15/26 Thursday | 01/16/26 Friday | 01/17/26 Saturday |
|-----|---|---|--|--|--|---|--|
| BRK | <p>*****PTS*****</p> <p>RS Eggs, Scrambled RS Bacon</p> <p>RS Biscuit, Buttermilk</p> <p>RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White</p> | <p>*****PTS*****</p> <p>RS Bacon RS Eggs, Scrambled</p> <p>RS Pancake, WHOLE WHEAT</p> | <p>*****PTS*****</p> <p>RS Eggs, Scrambled RS Pork Sausage Link</p> <p>RS Waffles, Homestyle</p> | <p>*****PTS*****</p> <p>RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon</p> | <p>*****PTS*****</p> <p>RS Eggs, Scrambled RS Waffles, Homestyle</p> <p>RS Pork Sausage Patty</p> | <p>*****PTS*****</p> <p>RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon</p> | <p>*****PTS*****</p> <p>RS Eggs, Scrambled RS Bacon</p> <p>RS French Toast Sticks</p> <p>RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White</p> |
| LUN | <p>*****PTS*****</p> <p>RS Beef, Braised Cubes</p> <p>RS Broccoli, Steamed</p> <p>RS Noodles, Egg</p> <p>RS Roll, Hawaiian</p> <p>RS Fish, Tilapia, Coconut Crusted RS Veg Blend, Mixed Vegetables 5 Way RS Rice, Steamed</p> | <p>*****PTS*****</p> <p>RS Chicken Giardino</p> <p>RS Vegetable Blend, Malibu RS Breadstick, Garlic Cheese RS Chicken, Seasoned</p> <p>RS Green Beans, Herbed</p> <p>RS Potatoes, Mashed Red Garlic</p> | <p>*****PTS*****</p> <p>RS Beef, Fajita, Grilled</p> <p>RS Corn, Hacienda</p> <p>RS Rice, Cilantro Lime</p> <p>RS Chicken, Spicy Garlic Lime RS Broccoli, Steamed</p> <p>RS Rice, Steamed</p> | <p>*****PTS*****</p> <p>RS Chicken, Vega</p> <p>RS Veg, Squash, Summer, Roasted RS Bread, Cornbread Louisiana Style RS Salmon, Baked</p> <p>RS Cabbage, Sauteed</p> <p>RS Potatoes, Parsley Buttered</p> | <p>*****PTS*****</p> <p>RS Chicken, Teriyaki</p> <p>RS Green Beans</p> <p>RS Potatoes, Sweet Potato Wedges RS Fish, Ginger Butter Flounder RS Vegetable Blend, Mandarin Stir Fry RS Rice, Steamed</p> | <p>*****PTS*****</p> <p>RS Turkey Burger</p> <p>RS Carrots, Roasted Baby</p> <p>RS Potatoes, Parsley Buttered RS Chicken, Seasoned</p> <p>RS Broccoli, Steamed</p> <p>RS Rice, Greek</p> <p>RS Bread, Pita, Whole Wheat RS Gravy, Brown LS</p> | <p>*****PTS*****</p> <p>RS Beef, Salisbury Steak w/ Gravy RS Veg, Peas & Pearl Onions RS Potatoes, Mashed</p> <p>RS Bread, Parkerhouse Roll RS Chicken Pot Pie</p> <p>RS Greens, Collards Seasoned</p> |
| DIN | <p>*****PTS*****</p> <p>RS Lasagna, Spinach</p> <p>RS Carrots, Roasted Baby</p> <p>RS Chicken Primavera</p> <p>RS Brussel Sprouts, Sauteed RS Pasta, Bowtie</p> | <p>*****PTS*****</p> <p>RS Chicken, Citrus Herb</p> <p>RS Zucchini & Squash, Sauteed RS Potatoes, Mashed</p> <p>RS Gravy, Poultry LS</p> <p>RS Tilapia, Lemon Baked Individual RS Vegetable Blend, New Brunswick RS Rice, Steamed</p> | <p>*****PTS*****</p> <p>RS Beef, Pepper Steak</p> <p>RS Veg Cauliflower, Roasted RS Noodles, Egg</p> <p>RS Gravy, Brown LS</p> <p>RS Chicken, Breast Asian Barbecue RS Vegetable Blend, Mandarin Stir Fry RS Rice, Steamed</p> | <p>*****PTS*****</p> <p>RS Pork Loin, Seasoned</p> <p>RS Veg Blend, Normandy</p> <p>RS Rice, Brown</p> <p>RS Gravy, Brown LS</p> <p>RS Roll, Hawaiian</p> <p>RS Turkey, Roast</p> <p>RS Green Beans, Lyonnaise RS Potatoes, Mashed</p> | <p>*****PTS*****</p> <p>RS Chicken, Mongolian Stir Fry RS Vegetable Blend, Mandarin Stir Fry RS Rice, Brown</p> <p>RS Tilapia, Lemon Baked Individual RS Green Beans, Sesame Glazed RS Rice, Steamed</p> <p>RS Gravy, Brown LS</p> | <p>*****PTS*****</p> <p>RS Chicken, Rosemary Garlic Roasted RS Veg, Squash, Summer, Roasted RS Potatoes, Parsley Oven Roasted Wedges RS Gravy, Poultry LS</p> <p>RS Roll, Hawaiian</p> <p>RS Tilapia, Lemon Baked Individual RS Green Beans, Herbed</p> <p>RS Rice, Brown</p> | <p>*****PTS*****</p> <p>RS Beef, Braised Cubes</p> <p>RS Carrots, Glazed Baby</p> <p>RS Rice, Steamed</p> <p>RS Fish, Tilapia, Coconut Crusted RS Vegetable Blend, Bermuda RS Potatoes, Sweet Potato Wedges</p> |

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Sorted by Date, Then by Meal, Then by Menu Sequence

| | 01/18/26 Sunday | 01/19/26 Monday | 01/20/26 Tuesday | 01/21/26 Wednesday | 01/22/26 Thursday | 01/23/26 Friday | 01/24/26 Saturday |
|-----|--|--|---|--|---|--|--|
| BRK | *****PTS***** RS Eggs, Scrambled RS Bacon RS Biscuit, Buttermilk RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White | *****PTS***** RS Bacon RS Eggs, Scrambled | *****PTS***** RS Eggs, Scrambled RS Pork Sausage Link RS Waffles, Homestyle | *****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon | *****PTS***** RS Eggs, Scrambled RS Waffles, Homestyle RS Pork Sausage Patty | *****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon | *****PTS***** RS Eggs, Scrambled RS Bacon RS French Toast Sticks RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White |
| LUN | *****PTS***** RS Chicken, Cacciatore RS Broccoli, Steamed RS Pasta, Bowtie RS Turkey Breast Cutlet (pre-cooked) RS Veg, Squash Yellow/Zucchini RS Rice, Steamed RS Roll, Hawaiian | *****PTS***** RS Chicken, Seasoned RS Vegetable Blend, Italian RS Rice, Pilaf w/ Orzo & Vegetables RS Tilapia, Lemon Baked Individual RS Brussel Sprouts, Sauteed RS Pasta, Bowtie RS Breadstick, Garlic Cheese | *****PTS***** RS Pork Loin, Seasoned RS Carrots Baby, w/Thyme RS Potatoes, Paprika Buttered RS Fish, Tilapia, Chipotle Lime RS Broccoli, Garlic Roasted RS Rice, Cilantro Lime | *****PTS***** RS Hamburger, Grilled RS Coleslaw, Premade RS Potatoes, Steak Cut Fries RS Chicken, Seasoned RS Veg, Squash, Summer, Roasted RS Rice, Wild | *****PTS***** RS Pork Loin, Chinese 5 Spice RS Veg, Mixed Vegetable Stir Fry RS Rice, Steamed RS Fish, Tilapia w/ Lemon Pepper RS Veg, Green Beans, Crispy Roasted RS Noodles, Asian Stir Fry | *****PTS***** RS Grilled Cheese Sandwich RS Soup, Vegetable Beef RS Chicken, Seasoned RS Carrots, Roasted Baby RS Potatoes, Red Wedge, Oven Roasted RS Roll, Yeast | *****PTS***** RS Spaghetti w/ Meatballs RS Vegetable Blend, Italian RS Bread, Toasted Garlic RS Chicken Parmesan RS Veg, Broccoli, Sauteed w/ Garlic RS Pasta, Linguine |
| DIN | *****PTS***** RS Lasagna, Beef Bolognese RS Veg, Squash, Summer, Roasted RS Roll, Hawaiian RS Vegetable Blend, Italian RS Chicken Parmesan RS Pasta, Linguine | *****PTS***** RS Pasta, Penne Baked RS Veg, Spinach, Sauteed RS Bread, Toasted Garlic RS Chicken, Rosemary Garlic Roasted RS Peas & Carrots w/ Rosemary RS Potatoes, Mashed Red Garlic RS Rice, Steamed RS Gravy, Poultry LS | *****PTS***** RS Chicken, Szechuan RS Peas & Carrots RS Rice, Steamed RS Pork Loin, Chinese 5 Spice RS Green Beans, Sauteed w/ Garlic RS Potatoes, Paprika Buttered RS Gravy, Poultry LS | *****PTS***** RS Beef, Meatloaf w/ Brown Gravy RS Carrots, Glazed Baby RS Potatoes, Mashed Red Garlic RS Chicken, Barbeque RS Greens, Collards Seasoned RS Rice, Steamed | *****PTS***** RS Chicken Cutlet RS Veg, Green Beans, Seasoned RS Potatoes, Parsley Buttered RS Gravy, Poultry LS RS Tilapia, Lemon Baked Individual RS Cabbage, Sauteed RS Rice, Steamed | *****PTS***** RS Chicken, Mongolian Stir Fry RS Veg Blend, Normandy RS Rice, Brown RS Salmon, Grilled (Pre-cooked) RS Broccoli, Garlic Roasted RS Potatoes, Mashed | *****PTS***** RS Chicken, Seasoned RS Peas & Carrots RS Rice, Brown RS Gravy, Poultry LS RS Roll, Hawaiian RS Beef, Swedish Meatballs RS Veg, Zucchini, w/ Garlic & Onions Sauteed RS Noodles, Egg |

To order a late tray call before 9:00 am for breakfast, 2:00 pm for lunch and 6:00 pm for dinner.