

Menu Calendar Report

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Sorted by Date, Then by Meal, Then by Menu Sequence

These menus options available on a regular diet. Please call diet office at (910) 908-3463 for assistance with meal selection. Call before 5:30 am to order breakfast, before 9:30 am for lunch and before 2:30 pm for dinner.

Cafeteria

01/04/26 Sunday		01/05/26 Monday	01/06/26 Tuesday	01/07/26 Wednesday	01/08/26 Thursday	01/09/26 Friday	01/10/26 Saturday
BRK	*****PTS***** RS Eggs, Scrambled RS Bacon RS Biscuit, Buttermilk RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White	*****PTS***** RS Bacon RS Eggs, Scrambled RS Pancake, WHOLE WHEAT	*****PTS***** RS Eggs, Scrambled RS Pork Sausage Link RS Waffles, Homestyle	*****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon	*****PTS***** RS Eggs, Scrambled RS Waffles, Homestyle RS Pork Sausage Patty	*****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon	*****PTS***** RS Eggs, Scrambled RS Bacon RS French Toast Sticks RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White
LUN	RS Chicken, Citrus Herb RS Carrots, Roasted Baby RS Potatoes, Parsley Oven Roasted Wedges RS Roll, Hawaiian RS Turkey Breast Cutlet (pre-cooked) RS Veg, Spinach, Sautéed RS Macaroni & Cheese, Frozen (Molly's)	*****PTS***** RS Chicken, Seasoned RS Broccoli, Garlic Roasted RS Rice, Herbed Brown RS Pasta, Cheese Ravioli w/ Marinara Sauce RS Veg, Roasted Mediterranean Vegetables RS Breadstick, Garlic Cheese	*****PTS***** RS Turkey Stuffed Peppers RS Corn, Mexican RS Chicken, Mexican Spiced RS Green Beans, Sautéed w/ Garlic RS Potatoes, Paprika Buttered	*****PTS***** RS Hamburger, Grilled RS Vegetable Blend, Malibu RS Potatoes, Sweet Potato Wedges RS Chicken, Seasoned RS Carrots, Roasted Baby RS Rice, Pilaf w/ Orzo & Vegetables RS Roll, Hawaiian	*****PTS***** RS Beef Yakisoba RS Carrots, Ginger Glazed RS Chicken, Mongolian Stir Fry RS Veg, Squash Yellow/Zucchini RS Rice, Jasmine	*****PTS***** RS Beef, Shepherd's Pie RS Carrots Baby, w/Thyme RS Roll, Yeast RS Chicken, Seasoned RS Corn on the Cob RS Potatoes, Mashed Red Garlic RS Rice, Steamed RS Gravy, Poultry LS	*****PTS***** RS Pork Loin, Rosemary Garlic RS Peas & Carrots RS Potatoes, Parsley Buttered RS Gravy Pork RS Roll, Hawaiian RS Chicken Alfredo RS Vegetable Blend, Tuscany Blend RS Noodles, Fettuccini
DIN	*****PTS***** RS Turkey, Roast RS Veg, Green Beans, Fresh RS Potatoes, Mashed RS Gravy, Poultry LS RS Chicken, Savory Breast RS Peas & Carrots w/ Rosemary RS Rice, Pilaf	*****PTS***** RS Chicken, Taco RS Veg Blend, Normandy RS Rice, Steamed RS Corn on the Cob	*****PTS***** RS Spaghetti W/ Meat Sauce RS Broccoli, Garlic Roasted RS Bread, Toasted Garlic RS Chicken Piccata RS Veg Blend, Mixed Vegetables 5 Way RS Potatoes, Mashed Red Garlic	*****PTS***** RS Chicken Giardino RS Veg, Cauliflower, Tri-Colored RS Roll, Hawaiian RS Tilapia, Lemon Baked Individual RS Green Beans, Herbed RS Rice, Steamed RS Potatoes, Red Wedge, Oven Roasted	*****PTS***** RS Chicken, Oven Fried Breast RS Veg Blend, Mixed Vegetables 5 Way RS Potatoes, Rosemary Roasted Wedges RS Fish, Tilapia w/ Lemon Pepper RS Vegetable Blend, New Brunswick RS Rice, Wild	*****PTS***** RS Chicken, Chinese 5 Spice Breast RS Carrots, Ginger Glazed RS Rice, Brown RS Beef, Beef & Broccoli RS Vegetable Blend, Mandarin Stir Fry RS Potatoes, Sweet, Teriyaki Glazed	*****PTS***** RS Beef Yakisoba RS Veg, Squash Yellow/Zucchini RS Chicken, Breast Asian Barbecue RS Cabbage, Sautéed RS Rice, Brown

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01/11/26 Sunday		01/12/26 Monday	01/13/26 Tuesday	01/14/26 Wednesday	01/15/26 Thursday	01/16/26 Friday	01/17/26 Saturday
BRK	****PTS**** RS Eggs, Scrambled RS Bacon RS Biscuit, Buttermilk RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White	****PTS**** RS Bacon RS Eggs, Scrambled RS Pancake, WHOLE WHEAT	****PTS**** RS Eggs, Scrambled RS Pork Sausage Link RS Waffles, Homestyle	****PTS**** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon	****PTS**** RS Eggs, Scrambled RS Waffles, Homestyle RS Pork Sausage Patty	****PTS**** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon	****PTS**** RS Eggs, Scrambled RS Bacon RS French Toast Sticks RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White
LUN	****PTS**** RS Beef, Braised Cubes RS Broccoli, Steamed RS Noodles, Egg RS Roll, Hawaiian RS Fish, Tilapia, Coconut Crusted RS Veg Blend, Mixed Vegetables 5 Way RS Rice, Steamed	****PTS**** RS Chicken Giardino RS Vegetable Blend, Malibu RS Breadstick, Garlic Cheese RS Chicken, Seasoned RS Green Beans, Herbed RS Potatoes, Mashed Red Garlic	****PTS**** RS Beef, Fajita, Grilled RS Corn, Hacienda RS Rice, Cilantro Lime RS Chicken, Spicy Garlic Lime RS Broccoli, Steamed RS Rice, Steamed	****PTS**** RS Chicken, Vega RS Veg, Squash, Summer, Roasted RS Bread, Cornbread Louisiana Style RS Salmon, Baked RS Cabbage, Sauteed RS Potatoes, Parsley Buttered	****PTS**** RS Chicken, Teriyaki RS Green Beans RS Potatoes, Sweet Potato Wedges RS Fish, Ginger Butter Flounder RS Vegetable Blend, Mandarin Stir Fry RS Rice, Steamed	****PTS**** RS Turkey Burger RS Carrots, Roasted Baby RS Potatoes, Parsley Buttered RS Chicken, Seasoned RS Broccoli, Steamed RS Rice, Greek RS Bread, Pita, Whole Wheat RS Gravy, Brown LS	****PTS**** RS Beef, Salisbury Steak w/ Gravy RS Veg, Peas & Pearl Onions RS Potatoes, Mashed RS Bread, Parkerhouse Roll RS Chicken Pot Pie RS Greens, Collards Seasoned
DIN	****PTS**** RS Lasagna, Spinach RS Carrots, Roasted Baby RS Chicken Primavera RS Brussel Sprouts, Sautéed RS Pasta, Bowtie	****PTS**** RS Chicken, Citrus Herb RS Zucchini & Squash, Sautéed RS Potatoes, Mashed RS Gravy, Poultry LS RS Tilapia, Lemon Baked Individual RS Vegetable Blend, New Brunswick RS Rice, Steamed	****PTS**** RS Beef, Pepper Steak RS Veg Cauliflower, Roasted RS Noodles, Egg RS Gravy, Brown LS RS Chicken, Breast Asian Barbecue RS Vegetable Blend, Mandarin Stir Fry RS Rice, Steamed	****PTS**** RS Pork Loin, Seasoned RS Veg Blend, Normandy RS Rice, Brown RS Gravy, Brown LS RS Roll, Hawaiian RS Turkey, Roast RS Green Beans, Lyonnaise RS Potatoes, Mashed	****PTS**** RS Chicken, Mongolian Stir Fry RS Vegetable Blend, Mandarin Stir Fry RS Rice, Brown RS Tilapia, Lemon Baked Individual RS Green Beans, Sesame Glazed RS Rice, Steamed RS Gravy, Brown LS	****PTS**** RS Chicken, Rosemary Garlic Roasted RS Veg, Squash, Summer, Roasted RS Potatoes, Parsley Oven Roasted Wedges RS Gravy, Poultry LS RS Roll, Hawaiian RS Tilapia, Lemon Baked Individual RS Green Beans, Herbed RS Rice, Brown	****PTS**** RS Beef, Braised Cubes RS Carrots, Glazed Baby RS Rice, Steamed RS Fish, Tilapia, Coconut Crusted RS Vegetable Blend, Bermuda RS Potatoes, Sweet Potato Wedges

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01/18/26 Sunday		01/19/26 Monday	01/20/26 Tuesday	01/21/26 Wednesday	01/22/26 Thursday	01/23/26 Friday	01/24/26 Saturday
BRK	*****PTS***** RS Eggs, Scrambled RS Bacon RS Biscuit, Buttermilk RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White	*****PTS***** RS Bacon RS Eggs, Scrambled	*****PTS***** RS Eggs, Scrambled RS Pork Sausage Link RS Waffles, Homestyle	*****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon	*****PTS***** RS Eggs, Scrambled RS Waffles, Homestyle RS Pork Sausage Patty	*****PTS***** RS Eggs, Scrambled RS Pancake, WHOLE WHEAT RS Bacon	*****PTS***** RS Eggs, Scrambled RS Bacon RS French Toast Sticks RS Egg, Hard Boiled RS Pork Sausage Patty RS Potatoes, Breakfast (Hashbrowns) RS Toast, Wheat RS Toast, White
LUN	*****PTS***** RS Chicken, Cacciatore RS Broccoli, Steamed RS Pasta, Bowtie RS Turkey Breast Cutlet (pre-cooked) RS Veg, Squash Yellow/Zucchini RS Rice, Steamed RS Roll, Hawaiian	*****PTS***** RS Chicken, Seasoned RS Vegetable Blend, Italian RS Rice, Pilaf w/ Orzo & Vegetables RS Tilapia, Lemon Baked Individual RS Brussel Sprouts, Sautéed RS Pasta, Bowtie RS Breadstick, Garlic Cheese	*****PTS***** RS Pork Loin, Seasoned RS Carrots Baby, w/Thyme RS Potatoes, Paprika Buttered RS Fish, Tilapia, Chipotle Lime RS Broccoli, Garlic Roasted RS Rice, Cilantro Lime	*****PTS***** RS Hamburger, Grilled RS Coleslaw, Premade RS Potatoes, Steak Cut Fries RS Chicken, Seasoned RS Veg, Squash, Summer, Roasted RS Rice, Wild	*****PTS***** RS Pork Loin, Chinese 5 Spice RS Veg, Mixed Vegetable Stir Fry RS Rice, Steamed RS Fish, Tilapia w/ Lemon Pepper RS Veg, Green Beans, Crispy Roasted RS Noodles, Asian Stir Fry	*****PTS***** RS Grilled Cheese Sandwich RS Soup, Vegetable Beef RS Chicken, Seasoned RS Carrots, Roasted Baby RS Potatoes, Red Wedge, Oven Roasted RS Roll, Yeast	*****PTS***** RS Spaghetti w/ Meatballs RS Vegetable Blend, Italian RS Bread, Toasted Garlic RS Chicken Parmesan RS Veg, Broccoli, Sautéed w/ Garlic RS Pasta, Linguine
DIN	*****PTS***** RS Lasagna, Beef Bolognese RS Veg, Squash, Summer, Roasted RS Roll, Hawaiian RS Vegetable Blend, Italian RS Chicken Parmesan RS Pasta, Linguine	*****PTS***** RS Pasta, Penne Baked RS Veg, Spinach, Sautéed RS Bread, Toasted Garlic RS Chicken, Rosemary Garlic Roasted RS Peas & Carrots w/ Rosemary RS Potatoes, Mashed Red Garlic RS Rice, Steamed RS Gravy, Poultry LS	*****PTS***** RS Chicken, Szechuan RS Peas & Carrots RS Rice, Steamed RS Pork Loin, Chinese 5 Spice RS Green Beans, Sautéed w/ Garlic RS Potatoes, Paprika Buttered RS Gravy, Poultry LS	*****PTS***** RS Beef, Meatloaf w/ Brown Gravy RS Carrots, Glazed Baby RS Potatoes, Mashed Red Garlic RS Chicken, Barbeque RS Greens, Collards Seasoned RS Rice, Steamed	*****PTS***** RS Chicken Cutlet RS Veg, Green Beans, Seasoned RS Potatoes, Parsley Buttered RS Gravy, Poultry LS RS Tilapia, Lemon Baked Individual RS Cabbage, Sautéed RS Rice, Steamed	*****PTS***** RS Chicken, Mongolian Stir Fry RS Veg Blend, Normandy RS Rice, Brown RS Salmon, Grilled (Pre-cooked) RS Broccoli, Garlic Roasted RS Potatoes, Mashed	*****PTS***** RS Chicken, Seasoned RS Peas & Carrots RS Rice, Brown RS Gravy, Poultry LS RS Roll, Hawaiian RS Beef, Swedish Meatballs RS Veg, Zucchini, w/ Garlic & Onions Sautéed RS Noodles, Egg

To order a late tray call before 9:00 am for breakfast, 2:00 pm for lunch and 6:00 pm for dinner.