



**FAMILY ADVOCACY PROGRAM  
CLINICAL (FAPC)**

**Womack Health & Support Center  
BLDG 4-3219, Ground Floor  
2817 Reilly Rd  
Fort Bragg, NC 28310**

**Accessible From All-American Side**

**(910) 907- 6128 / 907-8272**

**Walk- in services are  
available from 0730-1600 hours**

**AFTER DUTY HOURS MP:**

**(910) 396-0391**

**WAMC ED: (910) 907-7000**

**AOD: (910) 907-6000**



## **Family Advocacy Program Clinical**

**WOMACK ARMY MEDICAL CENTER  
FORT BRAGG, NC**

**MISSION:**

*Provide trauma-informed care through evidence- based practice to eligible beneficiaries affected by or involved in domestic violence to enhance strong and resilient Families.*

## FAMILY ADVOCACY PROGRAM CLINICAL

Located on the Ground Floor of the Womack Health and Support Center (WHSC), the Family Advocacy Program Clinical (FAPC) provides assessment & treatment of Child Abuse & Neglect (CAN), domestic abuse and violence (DV), and Problematic Sexual Behavior of Children and Youth (PSB-CY).

FAPC is designed to break the cycle of abuse by identifying abuse as early as possible, ensure each reported incident is assessed for risk of further abuse, ensure victims of abuse receive FAP clinical assessment, and provide treatment for affected Family members.

### SERVICES:

- Walk-in / Triage Services
- Individual Counseling
- Marriage & Family Counseling
- Trauma-Informed Treatment
- Treatment Groups
- Information & Referral



## TREATMENT GROUPS OFFERED

### ANGER MANAGEMENT GROUP

Teaches participants ways to appropriately manage anger and consciously refrain from using violence.

### COUPLES CONFLICT RESOLUTION GROUP

A one-time 1 1/2 hour session offered for couples who could benefit from learning new skills to help them resolve their conflicts.

### IMPACT OF DOMESTIC VIOLENCE ON CHILDREN

Psycho-educational group to educate parents on how violence in the home affects children.

### MINDFULNESS GROUP

Participants will learn physical and mental benefits of mindfulness, along with various mindfulness techniques. Participants will leave with the ability to create a mindfulness program that works best for them.

### STOP DOMESTIC VIOLENCE PROGRAM: Skills, Techniques, Options, and Plans (STOP)

Goal of STOP is to build better relationships through education to offenders on their behavior and help them to develop new methods of interacting with intimate partners and Family members.

### S.T.R.E.S.

Provides a forum for participants to discuss issues related to managing stress.

### TAKING POINT: A Therapeutic Group for Men Who Have Experienced Intimate Partner Abuse

Provides a comfortable and supportive environment whereby participants grow in understanding of the cycle of abuse & become aware of life patterns while learning techniques for moving toward resiliency.

### WOMEN'S EMPOWERMENT GROUP

This group provides psychoeducation on the cycle of abuse, the importance of self-care and assist with establishing hope for future healthy interactions. Participants will learn how to recognize the signs of abuse and how to set healthy boundaries.

## FACTS

- Social Workers at Womack Army Medical Center are mental health providers who are Licensed Clinical Social Worker (LCSW) with a master's degree or higher and state clinical social work licenses or certifications.
- Licensed Clinical Social Workers (LCSWs) often work on a one-on-one basis with clients in clinical practices, schools, and various settings where clinical work is required.
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- Licensed Clinical Social Workers (LCSWs) employ the use of psychological diagnosis, evaluations, and evidence-based practices that provide clients with the resources and plans to move toward better lives.
- Licensed Clinical Social Workers (LCSWs) also practice in accordance with NASW's standards for independent clinical social work practice.